#### Age Activist

Striving to undo ageism within an intersectional framework. Supporting cooperation between all ages and promoting radical notions of what it means to be aging together.

York College, CUNY: B.S. in Gerontological Studies with minor in Black Studies **Education:** 

Graduated 6/2015 G.P.A. 3.9

**Experience:** 

**OldSchool.info** Co-Founder 2017-Present

Vision: To help catalyze a movement against ageism and leverage the universal nature of this form of prejudice to address the intersectional nature of all oppression—and of activism itself.

Mission: Curate free quality resources to educate people about ageism and foster movement-building activities

Co-Founder 2020 **Age Equity Alliance** 

Age Equity Alliance (AEA) is a 501(c)(3) focused on increasing age equity in the workplace through education, and training. Our goal is to debunk age-related myths and stereotypes across the age spectrum, promoting the short- and long-term benefits of multigenerational collaboration.

#### **Further Education:**

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<b>Beyond the Body: Recasting Aging Summer Scho</b>	Concordia University, Montreal	2019
Concordia U.lab Social Innovation Hub	Concordia University, Montreal	2019
<b>Living the Heart of Wisdom Course</b>	rue North Insight Meditation, Montreal	2018-2020
Respectful Confrontation Workshop	w/ Joe Weston, online	2021

### **Past Workshops and Offerings:**

- 1.23.18 Age Queer @ New Women Space in Brooklyn, NY
- 6.23.18 Age Queer Meditation @ Solstice Retreat in Brandenburg, Germany
- 7.3.18 Age Queer @ Riona's Room in Dublin, Ireland
- 7.18.18 Age Queer @ Bluestockings Bookstore Cafe & Activist Center in New York, NY
- 8.4.18 Age Queer @ Annual Trans Wellness Conference in Philadelphia, PA
- 9.12.18 Age Queer @ Edie Windsor SAGE Center in New York, NY
- 4.21.19 Expose & Undo Ageism @ B/old Conference Concordia University Montreal, Canada
- 8.5.19 Age Queer @ Pioneer Network Conference in Louisville, KY
- Ageism: Exploring the Connection to Who We Are & the Work We Do @ Pioneer 8.7.19 Network Conference in Louisville, KY
- 5.19.20 Let's Dismantle Ageism virtual workshop
- 5.22.20 Age bias consciousness-raising group
- 8.20.20 Age Queer @ Pervers/cité Montreal
- 9.2.20 Dismantling Ageism–Old School Style! @ Pioneer Network Conference
- 11.19.20 Ageism Discussion with Old School @ Positive Aging SourceBook
- 12.3.20 Intergen LGBTQ+ Connect @ Gay & Grey Montreal
- 12.15.20 Still Kicking @ Eskaton Senior Care & Services
- 1.4.21 Age Queer @ Village Berlin
- 1.18.21 Anti-Racism as a Daily Practice @ Village Berlin

- 1.28.21 Age Pride: LGBTQ2IA Connect @ Gay & Grey Montreal
- 2.1.21 Age Queer @ Village Berlin
- 2.15.21 Anti-Racism as a Daily Practice @ Village Berlin
- 3.1.21 Age Queer @ Village Berlin
- 3.4.21 Launch of Ageist? Racist? Who Me?
- 3.15.21 Anti-Racism as a Daily Practice- Calling In, Calling Out @ Village Berlin
- 3.16.21 Still Kicking @ Peninsula Family Services
- 4.2.21 Anti-Racism as a Daily Practice @ Stretch Festival Village Berlin
- 4.22.21 Age Discrimination in Tech Hiring panel @ Out in Tech #over-40
- 5.2.21 Let's Dismantle Ageism @ Peninsula Family Service
- 5.18.21 Let's Dismantle Ageism @ Rotary Club of San Antonio
- 6.3.21 Still Kicking @ Humboldt County Area 1 Agency on Aging
- 6.7.21 Raising Consciousness about Aging in the LGBTQ+ Community @ San Mateo County Pride
- 6.27.21 Let's Dismantle Ageism @ IATSE Local 706 MUAHS Guild

## **Podcasts, Webinars and Videos:**

Ageism Discussion with Old School - Anti-Ageism Clearinghouse w/ Positive Aging Sourcebook

Anti-ageism hub Old School comes of age w/ The Big Middle Podcast

Resources to Support Age Activism w/ Age Equity Alliance 100 in 100

Aging Is a Spectrum and We All Do It Differently w/ Age Equity Alliance 100 in 100

The Ageing Show w/ Audiosmut

Kyrié Carpenter and Ryan Backer talking about anti-ageism and growing older w/ Growing Old(er)!

Age Pride - Ageism and the Queer Experience w/ Knowledgeable Aging

#### **Publications:**

An Anti-Ageism Activist's Thoughts on Getting to be Thirty	ChaningAging.org	7.10.18		
Old School – New website takes ageism to task	3rd Act Magazine	Winter, 2019		
Anti-Ageism Clearinghouse, OldSchool, Gets a Mighty Upgrade	ChangingAging.org	3.1.19		
Age Queer, Why we need to queer age now more than ever	Changingaging.org	4.7.20		
Artists4LongTermCare: Artists create resources for all to advocate during COVID-19 and beyond				
	ChangingAging.org	6.23.20		

# **Employment/Volunteer Experience:**

True North Insight Meditation	White Awakening Facilitator	Apr-Dec 2021	Montreal, QC
Queer Aging Club	Administrator	2021-present	Clubhouse app
Self-Employed	Caregiver	2018-present	Montreal, QC
Home Instead	Caregiver	2016-2017	Dublin, Ireland
S.A.G.E. Center Midtown	Field Work Intern	Spring 2015	New York, NY
New York City Elder Abuse Center	Risk and Resiliency Intern	Summer 2014	New York, NY
Brooklyn Community Pride Center	ElderPRIDE Facilitator	Summer 2014	Brooklyn, NY
S.A.G.E. 'LendaHand'	Volunteer and Friendly Visitor	2012 - 2014	New York, NY

### **Memberships:**

North American Network in Aging Studies	2020-2021
West-end Intergenerational Network	2020-2021
American Society on Aging	2021